

Specialized Methamphetamine Programs



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CITY/COUNTY ALCOHOL & DRUG PROGRAMS

This is a Long Term Day Treatment Program at the Friendship Halfway House in Rapid City, SD. It is a six month residential program at the halfway house followed by six months of aftercare for males only. This program is a research project for individuals based on meth usage and sex. There are 25-30 slots per year.

There are 4 phases to the program:

Phase One-Stabilization: Initial and ongoing assessment in a medically monitored social detoxification setting. The length of this phase is based on individual need under the direction of medical personnel. Physician, and Mental Health Staff, and Chemical Dependency Counselors will comprise the clinical care team during Phase I. If a client is admitted and is not experiencing withdrawal, he will be moved into Phase II and begin treatment.

Phase Two-Intensive Treatment: This methamphetamine specific treatment program will consist of 20 hours a week of group therapy for 8 weeks. This phase includes individual and family therapy. Clients will be assigned a mentor who will work directly with them for the remainder of the year long continuum of care. Although some standard chemical dependency treatment approaches including education, individual, group, and family therapy will be used; the Matrix Model of Treatment will be used the entire time. This program is an Evidence-Based Intensive Outpatient Treatment Program for Alcohol and Drugs, proven effective in the treatment of Methamphetamine addiction. Case Management, EMT Tech Staff, and Chemical Dependency Counselors will comprise the clinical care team during Phase II. Mental health services are available, if needed, at Behavior Management System (BMS) in Rapid City. This phase will be at the Friendship House.

Phase Three-Structured Living: After successful completion of phase II, each individual will be admitted to an Intensive Outpatient Treatment setting of 15 hours of group therapy a week for 8 weeks in the Half-Way House. Case Management, EMT Tech Staff and Chemical Dependency Counselors will comprise the clinical care team during Phase III. The Matrix Model of Treatment continues to be utilized in the therapy. Continued work on primary chemical dependency issues, attendance at appropriate social support networks and/or 12 step programs, continued mental health care with BMS, if necessary. During this phase the client remains in the Friendship House.

Phase Four-Community Placement: Each client will reside in the Halfway House for a Low Intensity Residential Treatment Program for 90 days. They will have five hours of group therapy a week. They will be reintegrated into the social setting, including a mentor, to aid them in this final phase before returning to their place of residence. Upon discharge from this phase they will attend 6 months of aftercare.

CONTACT PERSON: Brian Kanz



KESYTONE CORRECTIONAL METH PROGRAM

This is an Intensive Inpatient Long Term Treatment Program that is utilized only in extreme cases and when all other means of treatment have been exhausted. This program is an alternative to violating the conditions of parole/probation, rather than returning the client to a correctional institution. There are 20-25 slots per year.

There are 4 phases to the program:

Phase One-Stabilization: Initial and ongoing assessment in a medically monitored detoxification setting. The length of this phase is based on individual need under the direction of medical personnel. Physicians, Nursing and Mental Health Staff, and Chemical Dependency Counselors will comprise the clinical care team during Phase I. If a client is admitted and is not experiencing withdrawal, he/she must be moved into Phase II within 3 working days. This phase will be at Keystone Treatment Center in Canton.

Phase Two-Intensive Treatment: A medically monitored residential methamphetamine specific treatment program. This phase includes individual and family therapy. Offenders will be assigned a mentor who will work directly with them for the remainder of the year long continuum of care. Although some standard chemical dependency treatment approaches including education, individual, group, and family therapy will be used; other medical, behavioral, and mental health interventions will also be applied as indicated and appropriate. Physicians, Nursing and Mental Health Staff and Chemical Dependency Counselors will comprise the clinical care team during Phase II. This phase will be at Keystone Treatment Center in Canton.

Phase Three-Structured Living: After successful completion of phase II, each individual will be admitted to a high intensity residential stay facility (Half-Way House or Community Transition Program). This phase will last 90 days and will include a 6-8 week Intensive Outpatient Treatment Program (IOP), followed by continuing care services. Physicians, Nursing and Mental Health Staff and Chemical Dependency Counselors will comprise the clinical care team during Phase III. Continued work on primary chemical dependency issues, attendance at appropriate social support networks and/or 12 step programs, continued mental health care, life skills training and work therapy would be included in the care plan during this phase. This phase may take place at more than one facility. They may reside in a Half-Way House; attend Intensive Outpatient Treatment at another treatment facility, then go to aftercare at another facility.

Phase Four-Community Placement: Return to the home community and link with existing community resources, local Methamphetamine Coalitions and remain in contact with the mentor for the remainder of the year long continuum of care. Individuals will be linked to the existing Methamphetamine Awareness and Prevention Project (currently funded through the Department of Justice, COPS Program) and admitted to a continuing care program in a community chemical dependency agency. Methamphetamine Awareness and Prevention Professionals and Chemical Dependency Counselors will comprise the clinical care team during Phase IV. Continued work on ongoing chemical dependency issues, attendance at appropriate social support networks and/or 12 step programs, and continued mental health care would be included in the care plan during this phase.

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